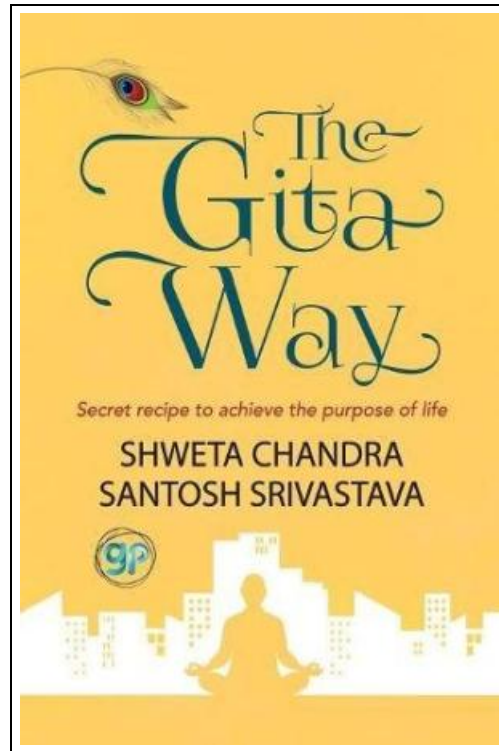


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THE GITA WAY (PAPERBACK)



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Rapid Press, India, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Gita Way is an irreligious take on the tenets of the Bhagavad Gita. Without delving into either mythological or God-centric discourse, the book attempts to understand and explain various insights from the Gita through, in the author's words, derived theory and application. The Gita Way attempts to shed light on matters of self-realisation, and identifying and following the path to achieve the purpose of life. Within the framework of Vedic philosophy represented by Gita, this book explores: - How to discover the swa-bhava, the inherent natural strength of our real-self? - Is my profession aligned with my swa-bhava? What is my purpose of life? - What is the real meaning of moksha, the liberation? How the realization of individual purpose leads us to attain supreme purpose we are born to achieve. - How yoga of knowledge, karma and devotion is applied to realise self, stay on the path of the goal and attain the real purpose? Unlike other books on Bhagavad Gita, The Gita Way is not a chapter wise discourse. Instead it presents deduced concepts in first place supported with relevant reference from the whole Gita. For example, in the first chapter of this book, you may get a reference of last chapter of Gita relevant to the topic of discussion. Few thought provoking quotes from the book: Whether we are believers or non-believers, one thing is evident: that we exist. There is no disparity in the intensity of our existence, no matter who we are. I exist, and the significance of my existence is second to none. Lack of knowledge is ignorance which creates fear. All of us have one thing common in our respective goals: to reach the...



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