



## Healing Fibromyalgia: Why Everything Hurts and How to Feel Well Again (Paperback)

By David Edelberg M D

Wholehealth Chicago, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Fibromyalgia is real. The pain you awaken with is not in your head. You re not even remotely a hypochondriac. If anyone--doctor, chiropractor, physical therapist, well-meaning loved one--ever tries to convince you otherwise, tune them out. They are wrong. Likewise, if anyone ever tells you fibro is incurable and you ll just have to learn to live with it, understand they re seriously misinformed. You may even be able to fix your fibromyalgia on your own, without doctors and without drugs. This book will tell you how. So begins author David Edelberg, MD, an internist specializing in fibromyalgia, in his long-awaited book Healing Fibromyalgia. Dr Edelberg has treated 1,600+ women with fibro using the plan presented here, including step-by-step instructions for Dr E s Six-Week Nearly Natural Fibro Cure. In clear, reassuring language, Dr E explains how with fibro your whole self--the mind and body totality that makes you you--is under protective siege, your body trying desperately to guard itself from the assault of multiple sources of stress. Envision your muscles tightening up and creating a protective suit of armor. That...



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